



Figure 14. Pathway Diagram: A simplified overview of mitochondrial NAD⁺:NADH deficiency.
ME/CFS: Correcting Chronic Mitochondrial Dysfunction
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- Description**
- Acetaldehyde, glycolysis, TCA cycle flux and other mitochondrial matrix NADH generators (not shown - see Figure 17) decrease the mitochondrial NAD⁺ pool and increase NADH pool sizes.
- Complex I (NADH Dehydrogenase) normally balances this NAD⁺:NADH redox, however is inhibited by reactive oxygen and nitrogen species, primarily generated by uncoupled NOS and NOX activity - promoted by interferon signalling cascades and acetaldehyde directly.
- Where Complex I is inhibited, GDH and NADPT activity is increased by the NADH pool elevation, further increasing glutamate and the NADPH pool, promoting regulatory glutathione peroxidase and other synthesis activities.
- Methylene blue concentrates in the mitochondrial matrix, providing a narrow therapeutic window for creating a parallel electron pathway to Cytochrome c and NAD⁺ redox support.
- Ag** - Silver
α-KGDH - Alpha-Ketoglutarate Dehydrogenase
ALDH - Aldehyde Dehydrogenase
ADP - Adenosine Diphosphate
ATP - Adenosine Triphosphate
Au - Gold
cAMP-PKA - Cyclic Adenosine Monophosphate - Protein Kinase A
Cd - Cadmium
CD38 - Cluster of Differentiation 38 (NAD⁺ glycohydrolase)
CDR - Cell Danger Response
COMPLEX I - NADH:Ubiquinone Oxidoreductase
DHAP - Dihydroxyacetone Phosphate
DOPAL - 3,4-Dihydroxyphenylacetaldehyde
eATP - Extracellular Adenosine Triphosphate
FAD - Flavin Adenine Dinucleotide
G3P - Glycerol 3-Phosphate
GCL - Glutamate-Cysteine Ligase
GLS - Glutathione Synthase
GPD - Glycerol-3-Phosphate Dehydrogenase
GPx - Glutathione Peroxidase
GR - Glutathione Reductase
GDH - Glutamate Dehydrogenase
GHB - gamma-Hydroxybutyrate
GSH - Glutathione, Reduced
GSSG - Glutathione, Oxidised (Disulfide)
H₂O - Water
H₂O₂ - Hydrogen Peroxide
Hg - Mercury
IDH - Isocitrate Dehydrogenase
IFN - Interferon
LDH - Lactate Dehydrogenase
LPA - Lipoamide
MB⁺ - Methylene Blue
MBH₂ - Leucomethylene Blue
MDH - Malate Dehydrogenase
Mo²⁺ - Molybdenum Ion
Mg²⁺ - Magnesium Ion
NAD⁺ - Nicotinamide Adenine Dinucleotide (oxidised)
NADH - Nicotinamide Adenine Dinucleotide (reduced)
NADP⁺ - Nicotinamide Adenine Dinucleotide Phosphate (oxidised)
NADPH - Nicotinamide Adenine Dinucleotide Phosphate (reduced)
NADPT - NAD(P) Transhydrogenase
NMNAT - Nicotinamide Mononucleotide Adenylyltransferase
NOS - Nitric Oxide Synthase
NOX - NADPH Oxidase
OxPPP - Oxidative Pentose Phosphate Pathway
Pb - Lead
P5P - Pyridoxal 5-Phosphate
PDH - Pyruvate Dehydrogenase
Pi - Inorganic Phosphate
PRPP - 5-Phosphoribosyl-1-Pyrophosphate
Q - Ubiquinone
QH₂ - Ubiquinol
ROS - Reactive Oxygen Species
RNS - Reactive Nitrogen Species
Se - Selenium
TCA - Tricaric Acid
THP - Tetrahydropapaveroline
TPP - Thiamine Pyrophosphate
UTP - Uridine Triphosphate
Zn²⁺ - Zinc Ion